



# Llwybr Blue Scar

Gradd ..... glas/cymedrol    Pellter ..... 7km  
Amser ..... 1 - 1½ awr    Dringo ..... 177m

<b>Dosbarth y Llwybr</b>	Glas/ Cymedrol 
<b>Yn addas i</b>	Beicwyr canolradd/beicwyr mynydd gyda sgiliau beicio oddi ar y ffordd sylfaenol. Beiciau mynydd neu feiciau hybrid.
<b>Mathau o lwybrau ac arwyneb</b>	Fel y 'Gwyrdd' gyda thrac sengl wedi ei adeiladu'n arbennig. Gall arwyneb gynnwys rhwystrau bychan fel gwreiddiau a chraig.
<b>Nodweddion graddiant a thechnegol y llwybr</b>	Mae'r rhan fwyaf o raddiannau'n gymedrol ond gall fod yna adrannau serth byr. Cynnwys nodweddion llwybr technegol a graddiannau bach.
<b>Lefel ffitrwydd awgrymiedig</b>	Gall safon dda o ffitrwydd fod o gymorth.

## Blue Scar Trail

Grade ..... blue/moderate    Distance ... 7km  
Time ..... 1 - 1½ hours    Climb ..... 177m

<b>Bike Trail Grade</b>	Blue/ Moderate 
<b>Suitable for</b>	Intermediate cyclist/mountain bikers with basic off-road riding skills. Mountain bikes or hybrids.
<b>Trail &amp; surface types</b>	As "Green" plus specially constructed single track. Trail surface may include small obstacles of roots and rock.
<b>Gradients &amp; technical trail features (TTFs)</b>	Most gradients are moderate but may include short steep sections. Includes small TTF's.
<b>Suggested fitness level</b>	A good standard of fitness can help.

## Llwybr Blue Scar Trail



Daw ei enw o hanes glofaol y cwm, ac mae llwybr gradd cymedrol Blue Scar wedi'i lunio fel 'dilyniant' ar gyfer beicwyr sy'n hyderus iawn ar lwybrau Gwyrdd ac sydd am ddechrau rhoi cynnig ar lwybrau mwy anghysbell a heriol.

Cadwch lygad am ambell i ddarn mwy serth a allai'ch herio, ond a fydd yn eich helpu i ddatblygu'ch sgiliau a magu'ch hyder!

At ei gilydd, mae'n llwybr rhagorol i symud eich beicio ymlaen a'ch cyflwyno i rwydwaith llwybrau go iawn Afan.

**Taking its name from the mining history of the valley it sits in, the Blue Scar moderate grade trail is designed as a 'progression' for riders who are very competent on Green trails and who want to start trying more remote and challenging trails.**

Watch out for the odd steeper sections that may challenge you but will help you develop your skills and confidence!

All in all, a fantastic trail to progress your riding and introduce you to the real Afan trail network.



# Blue Scar

0  
0

1km

1m

Canolfan Ymwelwyr  
Parc Coedwig Afan



Afan Forest Park  
Visitor Centre

SS 821951

A4107

Cynonville

Checking in

Out Bye

Mandril

Pit Head

Nant Cynnon

In Bye

Hitchers & Ostlers

Dig Deep

Round the next Bend

Widow Maker

The Top

	llwybr Blue Scar Blue Scar trail		trac sengl Blue Scar Blue Scar singletrack
	ffordd goedwig forest road		ffordd gyhoeddus public road
	postyn lleoliad waymarker		gwybodaeth information
	parcio parking		toiledau toilets
	caffi café		man cwrrd ambiwlans ambulance pick-up point
	safle picnic picnic area		ffordd allan mewn argyfwng emergency exit

Atgynhychwyd â chaniatâd yr Arolwg Ordnans ar ran Llyfrfa ei Mawrhydi.  
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