



Canllawiau Cerdded
Walks Guide



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8

Llwybr y Llynnoedd Forest Lakes Walk



UCHAFBWYNTIAU

Dilynwch y llwybr hwn i'r coetir i weld tri o lynnoedd yr ucheldir - cronfeydd mewn gwirionedd. Byddwch yn pasio panel dehongli yn egluro eu hanes.

Ymdroellwch drwy hen Fwynglawdd Plwm Hafna Uchaf a fu unwaith yn fwrllwm o ddiwydiant. Mae'r llwybr wedyn yn ymdroelli drwy'r coed i olygfan lle cewch banel dehongli arall sy'n ail-greu darlun o fwyngloddiau plwm hanesyddol y dyffryn hwn yn eu hanterth.

HIGHLIGHTS

Follow this trail into the woodland to take in three upland 'lakes' - technically reservoirs. You'll pass an interpretation panel explaining their history.

Meander through the old High Hafna Lead Mine, once a hive of industry. The trail then undulates through the trees to a viewpoint where you'll find another interpretation panel that re-creates a picture of this valley's historic lead mines in their heyday.

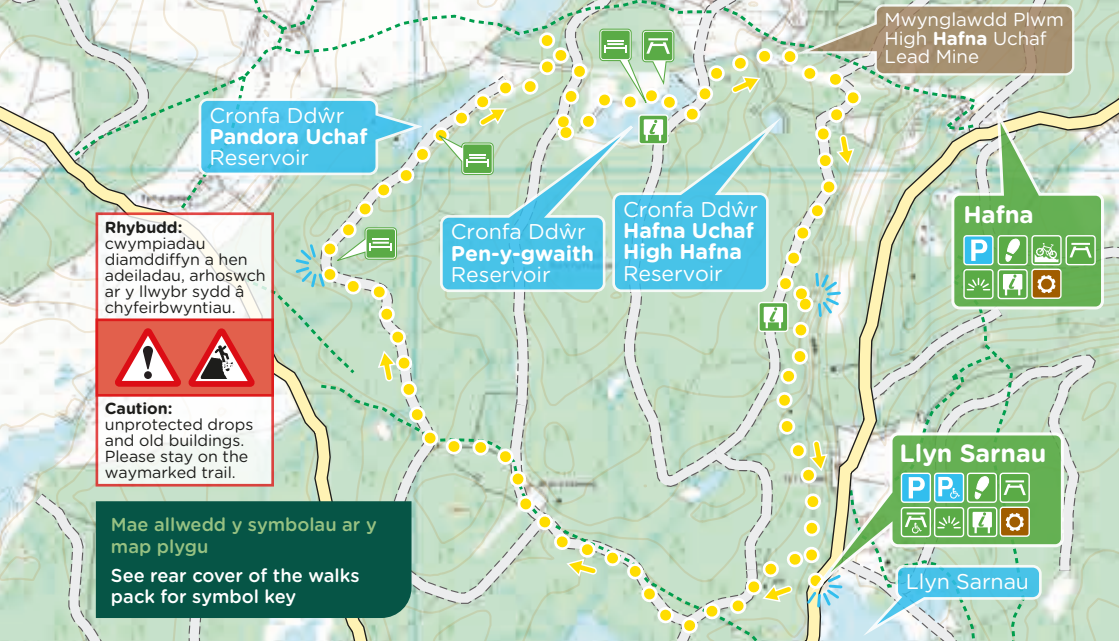
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Dilynwch y stori
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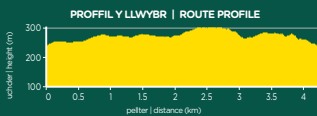
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Dilynwch yr arwyddion sydd â'r symbolau melyn

Dechrau: Maes parcio Llyn Sarnau

Gradd: Cymedrol

Amser: 1-2 awr

Pellter: 2.6 milltir | 4.2km

Dringo: 558tr | 170m

Disgrifiad: Mae'r rhan fwyaf o'r llwybr hwn ar hyd ffyrdd coedwig wedi'u cysylltu gan lwybrau garw a chul, llai na 50cm o led mewn manau, ar arwynebau garw ac anwastad lle bydd mwd, cerrig a gwreiddiau coed. Mae tair mainc ar y llwybr, a bwrdd picnic ger un o'r llynnoedd.

Follow the yellow waymarker symbols

Start: Llyn Sarnau car park

Grade: Moderate

Time: 1-2 hours

Distance: 2.6 miles | 4.2km

Climb: 558ft | 170m

Description: Most of this trail is on forest roads connected by rough, narrow paths less than 50cm wide in some places, on unmade and uneven surfaces, where you can expect mud, rocks and tree roots. There are three benches on the trail, and a picnic table by one of the lakes.